

Non-Weight Bearing

The foot is not to touch the floor at all. A walker or crutches are needed.

Toe-Touch Weight Bearing

The toes may touch the floor for balance only. The heel should not touch the floor. A walker or crutches or a walker are needed.

Weight of Leg Weight Bearing

Flat foot, weight of leg, no body weight on leg, crutches needed.

No Pain Weight Bearing

Bear weight as tolerated up to the point where you experience pain. Usually crutches or a walker are needed.

Partial Weight Bearing

May place 30-50% of your weight down. A walker or crutches are needed.

Full Weight Bearing

May place full weight on leg as tolerated. Do not need crutches or a walker. You may wean off of your crutches or a walker as tolerated.