

## Wet-to-Dry Dressing

The purpose of this dressing is to maintain a moist wound environment while wicking (removing) drainage from the wound surface. It acts by cleansing and debriding nonselectively necrotic (dead) and healthy tissue. No precautions are necessary.

First, cleanse the wound by wiping with normal saline moistened gauze. A prescription for normal saline will be given along with this instruction sheet. The gauze as well as the normal saline can be purchased at your nearest pharmacy.

After the wound is cleaned, you will next apply the wet-to-dry dressing. Begin by moistening the appropriate size gauze with the normal saline solution. It is important that the gauze is not dripping wet with the normal saline solution. Squeezing the excess saline out of the gauze should moisten it. Apply so that gauze touches all wound surfaces. Secure the dressing with a roll of gauze.

The wet-to-dry dressing should be changed 2 to 3 times a day by following the above steps. Continue the dressing changes until your physician sees you on your return visit.